

Around the world

Five global hot spots expected to make big news — and not always for the right reasons PAGF 10

PREDICTIONS TO GET YOU PSYCHED

METRO SPOKE WITH TWO PSYCHICS WHO SAW A JUICY 2013 FOR SWIFT, BIEBER AND MORE PAGES 14 & 16



Keep your eyes peeled ...

From Gaga to Beckham to Will and Kate, here are the big people to watch in the new year PAGE 19



... and your ears perked

Covering folk to post-punk to hip hop, meet some of music's freshest faces PAGE 36



See you next year

Metro will not be publishing for the rest of December. Look for us again on Jan. 2



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The future is now

With the new year creeping up. Metro talked to some notable Calgarians to get their thoughts on the future of our city

LISA WILTON



The future of urban Calgary: Druh Farrell, Ward 7 **Alderman**

People are moving back into the city and a lot of it has to do with reinvestment in the city and focusing on a sense of place. It's also the ease of every day life because they're so close to amenities.

Communities are welcoming redevel-opment, and as long as it's sensitive to the history of the community.

Over half of all our revenue is generated in the downtown, yet we were spending less than 1 per cent back into the downtown. It's still a much lower percentage than the other parts of the

city. But we're starting to reinvest.

The East Village will be great for the local arts scene. It will be second nature to support our culture. It won't be a trip into downtown. It will be a stroll down the street.

We're doing a public realms study for the east part of downtown that will link the east village with the National Music Centre, the new Central Library, the performing arts centre and the river pathway.

The future of Calgary's culinary scene: John Jackson and Connie **DeSousa, Charcut owners**

Our style at Charcut is about evolving simple ingredients and back-to-basics and back-to-flavour when it comes to food. We see this growing over the next few years. from hyper-local to growing your own food, to even city/urban foraging. People want to know where their food is coming from and who is growing it. We are also seeing a lot of rediscovered wild ingredients from the land and sea that are being incorporated into menus, which is fantastic.

Alley Burger (Charcut's food truck) was always about quality local food that is accessible. We see the entire food truck culture in the same light and can guarantee it's here to stay.

From \$5 burgers at Alley Burger that are made with local natural-raised pork and topped with Quebec cheese curds to innovative newcomers like the Naaco Truck showcasing farm to table in their own creative style.





The future of philanthropy in Calgary: W. Brett Wilson, entrepreneur and philanthropist

Calgary is a great city with an incredibly philanthropic tradition. What is the future can tell you is what I think it should be.





metronews.ca Wednesday, December 26, 2012

OVERSPENDING ON ROADS IS PAVING OVER OUR FUTURE



URBAN COMPASS Janice Paskey calgary@metronews.ca

Calgary is a robust, growing city.

The city cites "keeping pace with residential growth" as its main challenge.

Agreed. Yet despite rhetoric to the contrary, we continue to grow in ways we shouldn't. Transportation is Calgary's biggest budget department, so it's our greatest challenge for the next five years.

Each Calgary quadrant is pushing out at its boundaries like a sprawling amoeba. Consider the proposed Keystone community way out somewhere.

Right now, Calgary spends more on transportation than any other city service. City business plans call for a re-jig of transportation budget to 60 percent public transit and 30 percent roads (10 per cent for pedestrians). Moving more money into transit makes sense.

But not if the city keeps working at cross-purposes.

With more approvals for expanding surburbs, Calgarians face longer commutes, more roads to maintain, demand for transit to sparsely populated areas.

Roads are sucking up our budget. Consider the expansion of the John Laurie and Shaganappi Trail. Then, on Nov. 13 and 15 there are open houses to present plans to widen Crowchild Trail between 24th St. NW and Bow Trail, and add a new bridge across the Bow River. This city-defined

"chokepoint" is caused largely by a city growing out. The cost will make the Airport Tunnel look like child's play.

Stuck on traffic

With 18 per cent tax increase over three years, should we not delay some projects?

How then

will we afford needed transit, such as an LRT to the Calgary airport in the northeast, or to the new hospital in the southeast?

Roads alone has 930 employees and its very own gravel plant. We almost seem to have too much money for this area. There's the multiple repaving of Elbow Drive, and roads projects everywhere blocking traffic. With 18 per cent tax increase over three years, should we not delay some projects?

The challenge in the next five years is to align priorities.

to align priorities.
Let's learn from the mistake of the
West LRT. City social planners identified
43 communities with high rates of social
need. Only one of those neighbourhoods is
served by the West LRT. Our challenge is to
match transit with those who need it most.

Sadly, land developers continue to try and bully our mayor over not getting their approvals quickly enough. Maybe we need to slow down.

If we can't make growth pay for itself, then transportation costs will eat us up.

Diverting budget from roads into transit is a first step. Containing the costs of growth is the next.

Metro asks: What's your prediction for 2013?



Lis McMillan, 21, Halifax

"It will probably be a lot like (2012). Cold in the winter. Warmer in the summer. Probably a couple superstorms."



Helen Litam, 23, Richmond, B.C.

"No more (MTV's) 16 and Pregnant people."



Katrina Lat, 20, London

"Walt Disney will be removed from his current cryogenically frozen state, and brought in to help direct Star Wars: Episode 7."



Ali Hancharyk, 27, Winnipeg

"2013 will see popular music deteriorate to the point of solely consisting of just beeping noises and laser sounds."



Lorissa Good, 37, Calgary

"Same-sex marriages will be allowed in more U.S. states once they realize how much money gay people spend on parties."



Kevin Kirouac, 43, Edmonton

"I predict a female, black Prime Minister for the country. It would shock everybody." (Ed's note: shocking since there's no federal election in 2013.)



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Wednesday, December 26, 2012

10 things forecast to happen in 2013



Jan. 21: Four more years

Barack Obama is sworn in for a second (and final) term as President of the United States. Inauguration Day begins with a church service, after which the President and his family travel to Capitol Hill, where the Chief Justice of the Supreme Court will administer the oath. Obama will then deliver his Inaugural Address. The day ends with inaugural balls.

Feb. 10: Year of the Snake



Chinese New Year begins the Year of the Snake.

According to Chinese astrology, a person born in the Year

of the Snake is very wise and can be a theologian, as well as a smart banker. She also has good taste in food and fashion but is not frivolous. Sounds like a good year to have babies.

March 20: UN says be happy

First-ever International Happiness Day. The day, sponsored by the UN, is the latest move towards

is the latest move towards establishing happiness as a key factor in comparing nations. A number of countries, including Britain, now have official National Happiness indexes. The Smiley emoticon, meanwhile, celebrated its 30th birthday in September 2012.

March 21: Closure of Alcatraz, 50 years ago Will Sean Connery be back? Fifty years ago, Alcatraz closed. The world's most famous prison ('The Rock') housed America's most infamous prisoners, including Al Capone. Thirty-six escape attempts were made from the prison island, but none are known to have succeeded. Sean Connery's character in the movie, The Rock, succeeded, however.

June 14: Open race in Iran election



Iran holds
presidential elections. Firebrand
Mahmoud
Ahmadinejad has
served two terms
as President and

is ineligible to run again. So, the race is wide open, with analysts reading the tea leaves to see which candidate Supreme Leader Ayatollah Ali Khamenei will support. The outcome of the election will be closely watched by the world as Iran is currently on a confrontational course with the international community over its nuclear program.



June 29: Ready, steady, cycle

The Tour de France begins today, dramatically scrubbed of the memory of Lance Armstrong, who's been stripped of his seven Tour wins over doping allegations. Bradley Wiggins, the Brit who won the race in 2012 and the 2012 Olympic gold in the road time trial, has turned down the chance to defend his title, agreeing instead to support his team-mate Chris Froome's bid for glory.

July 1: EU welcomes Croatia

Croatia becomes the 28th member of the European Union. Its neighbour and on-and-off foe, Serbia, is still negotiating membership. And Turkey will make a renewed push for EU membership starting on this date, when Lithuania takes over the rotating EU presidency.

September: Merkel faces vote



Another victory for the Iron Chancellor?

Germany goes to the polls in parliamentary elections. While Angela Merkel remains popular in terms of personality, her coalition government may not survive the election, as the Liberal Democrats, the junior partner, are languishing at 4 per cent of the vote in polls. Merkel's CDU gets 36 per cent, compared to 30 per cent for the Social Democrats. The Pirate Party is also running, as are the Greens.

Nov. 14: Charles turns 65



Even though he's now retirement

age, heir to the British throne Prince Charles may have to wait for yet some time to become King. At age 86, his mother, Queen Elizabeth II, remains in good health. The Queen's mother lived to be 101 years old

Nov. 22: JFK remembered



50th anniversary of the assassination of U.S. President John F. Kennedy. JFK was killed by gunshots while

gunshots while visiting Dallas. Lee Harvey Oswald, an American who had moved to the Soviet Union, was arrested, but was killed by nightclub operator Jack Ruby before he could stand trial. Mystery still surrounds JFK's murder. The anniversary will be commemorated in Dallas.

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metronews.ca Wednesday, December 26, 2012 metr⊕ **NEWS**

Assad ousted, space tourism becomes a reality, Usain Bolt retires

Hypothetical stories that **may** dominate the news in 2013

ELISABETH BRAW



Assad escapes Syria and **bunks** over with Chavez

Syria leader Bashar al-Assad is ousted from power by rebel forces but manages to escape to Venezuela as an asylum seeker.

Assad's initial preference for political sanctuary in Russia came to naught after talks with his former

ally collapsed following Vladimir Putin's unexpected emergency treatment for cancer.

"Yes, there was a time when I would have preferred Vladimir, or Uncle Volodya as my kids call him, but Hugo is not a bad backup — he's got a swimming pool," Assad tells reporters at a press conference in Simón Bolívar airport outside Caracas.

First commercial space tourists have a blast

The world's first commercial space flights have taken place — and without a hitch. After years of investment and planning, a fleet of three spacecraft took off at Roswell, New Mexico, and safely returned to the planet within half an hour.



The first passengers, a group of billionaire businessmen from Eastern Europe and the Middle East, spoke of their delight in spotting their countless estates and mansions from the heavens. On whether or not they managed to see the receding ice in the Arctic, they declined to comment. Meanwhile, environmental scientists have been at pains to underline that space flights and their carbon emissions are not eco-friendly and thus contributing to the melting of the polar caps.



Usain Bolt swaps track spikes for soccer cleats

> Usain Bolt yesterday announced his retirement from

sprinting.
"I'm tired of just running," the fastest man

in the world told his fans on Twitter.

Bolt will now take up a newly created part-time position as a winger with Manchester United.

"I hope we finally find a proper replacement for Cristiano Ronaldo. Even though he'll only be with us for half the season, Bolt will be able to bring both the Premier League and the Champions' League tro-phies back to Old Trafford," club manager Sir Alex Ferguson told reporters.



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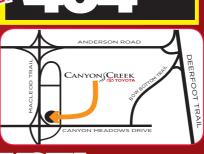
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metronews.ca Wednesday, December 26, 2012

These countries make headlines around the world. They face civil unrest, displaced civilians, and even the possibility of nuclear war.

Metro asked Matt Ferrell, a political-science professor at Fanshawe College in London, Ont., to help predict what the world's newsmakers might look like in 2013.

Here is a brief look at some of the world's hot spots and the possibilities they might meet in 2013

ANDREW SERCOMBE

Syria

What is the issue? Between 2.5 million and three million people have been displaced after civil conflict broke out in Marc, 2011.

Future best-case scenario: Current Syrian leadership steps down, allowing oppositional groups to coalesce and put together a functioning government.

Probable scenario: With the support of Russia and China, the Syrian government continues a war against oppositional groups, stalling the country's development and its aid to displaced citizens.

5 International Hotspots



Iran

What is the issue? Iran's pursuit of nuclear weapons could provoke an attack from Israel.

Future best-case scenario: Diplomatic resolution.

Probable scenario: Iran's military continues to possess more political control than the country's government. Iran continues to pursue nuclear weapons despite an international push for more sanctions.



Libya

What is the issue? Militia groups are overrunning a dissolving central government

Future best-case scenario: Civil society triumphs. The central government is able to reinstate

its power, and the country is able to restore democracy in place of the extremist groups.

Probable scenario: Civil unrest continues as militia groups struggle for power with the central government



Afghanistan

What is the issue? Security in the country is very poor. Afghanistan's government struggles to protect civilians from military

conflict between American forces and the Taliban.

Future best-case scenario: The United States removes troops from Afghanistan by 2014, and the government is left stable and functioning.

Probable scenario: The United States will withdraw in 2014. Afghanistan will be left a divided country. On paper the mission will appear a success, but in reality the country will still suffer from conflicting factions.

North Korea

What is the issue? Too much of the North Korean government's budget is invested in the military, rather than infrastructure development, leaving the country with a low domestic product.

eaving the country with a low donestic product.

Future best-case scenario: China acts as peacemaker between North Korea and South Korea. North Korea installs more moderate leadership.

Probable scenario: New North Korean leader Kim Jong Un continues the policies of the past.



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metronews.ca Wednesday, December 26, 2012 metr⊕ **NEWS**

EXPECT THE UNEXPECTED

Metro asks two psychics to tell us what's coming up next year in entertainment, sports and politics. First up is Psychic Nikki, a Toronto-based clairvoyant who says she predicted Hurricane Sandy, Barack Obama's first presidential win and the Tom Cruise and Katie Holmes split. More predictions on page 16

WILTON

What's in store for some big-name celebrities and celebrity couples?

Brad Pitt and Angelina Jolie will marry, and I see another child. But she has to watch her health.

Jennifer Aniston will have a child, or at least pregnancy and a marriage. But I also see another man besides (fiancé) Justin Theroux.

I see a marriage for Kim Kardashian.

Taylor Swift has to be careful around transportation. I see a handsome cowboy type around her, possibly business and romance

(The Duke and Duchess of Cambridge) may have a set of twins in the future.

Jessica Biel and Justin Timberlake may have a kid, but their marriage is doomed in the future when one of

Obama's reading

"He is in extreme danger during the next four years and he may not finish his term."

Psychic Nikki, on U.S. President Barack Obama's political future

them has a roving eye.

Justin Bieber will do more acting. There could a sitcom. He has to be careful of fast cars or red ones.

Helen Hunt will be nominated for an Academy Award for The Surrogate and Keira Knightley for Anna Karenina. Meryl Streep may be nominated again. Daniel Day-Lewis will be nominated for Lincoln and Sir Anthony Hopkins could also receive an Oscar nomination.

How will the political landscape change in the next year?

Prime Minister Stephen

Harper will work well with the American president, but there could be a crisis where he is tested. He also has to watch for danger.

(U.S.) President (Barack) Obama will try to turn the economy around, but it will be hard with all the natural disasters coming.

U.S. Vice-President Joe Biden has to watch health and danger also. He could be replaced, maybe by a woman.

It will take a long time for the economy to pick up because of natural disasters and potential terrorist attacks. and wars in the Middle East and Asia. But there could be a gold rush in Canada.

So, what are these natural disasters you speak of? Should vacationers avoid certain areas in the next vear?

Ĭ see a lot of earthquake activity on the West Coast of the United States right up to British Columbia and Alaska. There will be earthquakes in the Middle East, China and Japan. Also Mexico, South American, New York City, Quebec, Virginia, Washing ton and Tennessee. I would try to avoid coastal areas.

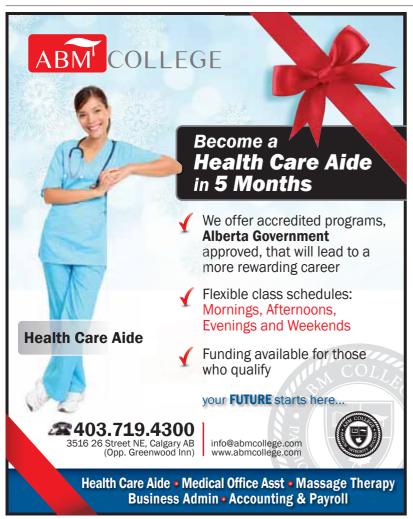
What are your sports predictions?

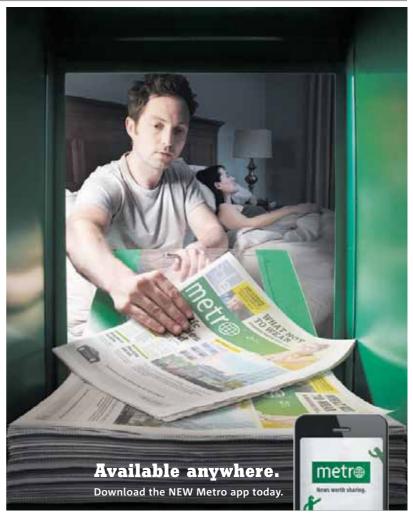
Î see a famous Formula One driver being killed in a fiery crash and I think there will be a sex scandal in the NHL.











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metronews.ca Wednesday, December 26, 2012 metr⊕ **NEWS**

SWIFT PREDICTIONS

Calgary-based clairvoyant Kim Dennis, seen at left, is a regular quest on TV and radio programs who gives Metro her vision of the year ahead. Compare her celebrity readings with another psychic, who is featured on page 14.



On Jennifer Aniston and Justin Theroux:

I think they'll probably get married. I think she's found the one. I think there might

On Taylor Swift:

The thing with Taylor Swift is she shouldn't be settling down with anyone right now.

She's supposed to be dating in her twenties. I think it's just people's perception that she's always heartbroken. She's taking her time finding love. I think she'll fall in love this year at least twice. I think she's right on track.

She's doing what she's supposed to be doing.

On the Duke and **Duchess of Cam**bridge:

It feels like it will be a girl with blonde hair.

On Justin Bieber:

I think he'll be a legend like Donny Osmond. I think his success will continue to soar. I think Obama will do a great

job during the next four years. After him, the next president will be another first. It won't be a woman, but maybe a Latino president. And I think he might be a Democrat.

Calgary mayor Naheed Nenshi will get in again.

He'll be mayor for a while. Justin Trudeau will win Liberal leadership, but I don't see him becoming prime minister. I think Stephen Harper will get elected again.

Quebec won't separate. There will always be a group who wants to, but the province will stay in Canada.

Other predictions:

I think (Ugandan war criminal) Joseph Kony will be

caught.
Something's going to rock the Catholic Church. I know they've had lots of controversy. But it might be something that brings it to

I think somebody big, like a Monsignor, will reveal something that will shake up the Catholic Church

I think there will be a tsunami again just after Christmas. I see the South Pacific, maybe around Australia. There will be some sort of marijuana legalization in the next two years.

LISA WILTON/FOR METRO

Burnin' down the House

There will be some sort of marijuana legalization in the next two years.

The government will do it quickly and quietly.

Psychic Kim Dennis





DECEMBER 26th . 315





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10 people to watch in 2013

William and Kate



With a baby on its way in the summer, the royal couple will dominate the news throughout the winter and spring. Indeed, since celebrity babies are manna from heaven for the media, they'll dominate the news throughout the year. And they'll single-handedly keep tabloids afloat, not to mention the bookmakers, who are already reporting a betting frenzy on the baby's name. Top odds so far are for Mary, Elizabeth, Victoria, John and George.



Lady Gaga

In 2012, long periods of time went by without any news from the often-con-troversial international pop sensation. If it continues like this, she'll soon lose her crown as the most followed on Twitter to rival popstress Rihanna. Stay tuned for more outrageous dresses.

Vladimir Putin



one to stay out of the public eve. the Russian president

surprised the public by not staging any recent photo shoots. Watchers debate whether he's suffering from serious illness. Or, having recently fired two government ministers, is he simply busy cleaning up the country's corruption?

Arthur Mutambara

The new Mugabe? In March, Zimbabwe holds parliamentary elections and if they're free and fair, voters are likely to boot out veteran leader Robert Mugabe. People may turn to Mutambara and his



party. the Movement for Democratic Change Mutambara faction.

Peer Steinbrück

The anti-Merkel. German Chancellor Angela Merkel needs an opponent in the parliamentary election, so the Social Democrats have recruited veteran government minister Steinbrück. And, given that Merkel's coalition is down in the polls, Steinbrück could become Germany's next chancellor.



David Beckham



The soccer veteran is leaving LA Galaxy, but where will he go next? Rumour has it that Beckham is headed for France — that country would certainly be the best option for wife Victoria's growing fashion business. Alternatively, he could become a full-time underwear model, or even

Rupert Murdoch

The "Dirty Digger" has had a rough time as of late. Britain's hacking scandal forced him to publicly apologize — and close his News Of The World tabloid. He even had to fire his crown princess, Rebekah Brooks, And now he has closed his tablet



news paper, Daily. But the 81-yearolď is used to punching

Sepp Blatter

With racism and corruption in soccer presenting an ever-growing problem, the most powerful man in world sports is under scrutiny. And with the 2014 World Cup in Brazil around the corner, Blatter has to act soon to clean up The Beautiful Game's ugly image



François Hollande



The French socialist made headlines as the winner of France's presidential election. But now he's been in the news mostly on account of the battle between expartner Segolene Royal and current girlfriend Valerie Trierweiler. In 2013 Hollande has to act decisively to restore his credibility.

Michelle **Bachelet**

Chile's first female president, now leader of the world's female population at UN Women, may return to politics by entering the 2013 presidential race in Chile. If she wins the election, this personable ex-doctor is



poised to become Latin America's Angela Merkel METRO WORI.D NEWS



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Wednesday, December 26, 2012

The future of endangered species

With 2012 seeing the largest mass of summer ice melting in the Arctic in modern history, it's no surprise experts predict more of the same for 2013. The melting ice has implications for some of Canada's most threatened species. Metro spoke with World Wildlife Fund scientist and researcher Pete Ewin, who said global warming will continue to produce winners and losers

ELISHA DACEY

The losers



Narwhal

Narwhals, called the "Unicorns of the Sea" due to their long, sharp tusks, need deep under-packed Arctic ice because it provides them shelter from predators. Less ice means less defence.

Polar bears

Polar bears are hugely dependent on sea ice for their food supply. Less ice means fewer chances of fattening up on ringed seals, their primary food, which keeps them nourished the rest of the year around. Ewing said polar bears will eventually be found only further north, and have been eating more seaweed and kelp in recent years to keep their bellies full.



Ringed seals

Warmer waters and less ice mean fewer resting places for the ringed seal. Ringed seals usually pup on large ice floes and spend most of their lives in contact with ice or icy waters. Smaller ice floes keep these solitary animals from spreading out like they're used to doing.

The winners



Killer whales

Considered a threatened species, killer whales are making a comeback in areas with warmer temperatures and warmer waters. Warmer waters in the north means killer whales will be found there with more frequency.

Other seals

The decline of the ringed seal will mean more food for other types of seal. Harp seals, which like colder waters but not ice, may move in, affecting the diet of other animals and the Inuit, many of whom rely on ringed seals for food.





Some salmon

Different species of salmon used to warmer waters will start to replace other species of salmon. This will also attract killer whales, whose primary food source is salmon.



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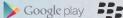






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Wacky weather for 2013



Environment Canada.

Climatologist predicts new year will bring another active hurricane season — following a trend of the past 3 years



PHOEBE НО

Mother nature has another warm and wacky year on tap for 2013, says Environment Canada.

With the destructive Superstorm Sandy barely off our radars, senior climatologist David Phillips predicts there's more to come

"I think there'll be weird, wild and wacky weather," he says. "We live in a planet of extremes, it's not just sandstorms in the Middle East, it could be blizzards in Edmonton. We know on a planet of extreme weather, there's no utopia."

Phillips warns Canadians to pect, "more hiccups, more body blows when it comes to weather, 'cause we've seen that and there's nothing to suggest that trend will change.

One of the big indicators is the ongoing weather trends. The world has been in an active

weather period for the last two decades, says Phillips, especially the last three years, which have seen 19 tropical storms each. With El Nino — a global climate pattern associated with the warming of the surface water in the Pacific Ocean hanging on in 2013, creating not just warm weather but also favourable winds, he says next year will likely be another active hurricane season.

"The world is warmer, and when you get the warm world, you get more powerful weath-

While he can't predict exactly how many storms 2013 will bring about, Phillips says one thing's for sure: Don't expect things to cool off in Canada or anywhere else in the world.

The last time the world encountered a colder than normal year was 35 years ago, according to Phillips. Judging from the weather trend, El Nino and the vanishing Arctic ice, he says it's safe to say it'll be another warm

whatever happens, Phillips believes Canadians are ready for anything mother nature has in store for this weather-proofed nation. "Canadians are all expert weather people, we can't get enough weather," he says. "What will we talk about if we didn't have the weather to talk about?



Cable services on the rise

TV tether tight as ever, expert says

Live TV, such as sporting events, will keep the vast majority of Canadian viewers from "cutting the cord" on traditional TV services in

2013, says Deloitte Canada. Deloitte Canada is predicting that less than one per cent of Canadians will abandon TV services they're paying for from cable, satellite or telecom providers next year, despite hype around it.

"There are three pillars that prevent cord cutting from content: One of them is reality TV, one of them is sports and the other is news," Duncan Stewart, Deloitte's director of research, said Thursday.

"Those are things you generally cannot get when you are a cord cutter,' Stewart said.

Stewart noted his prediction

only TV online with

adians who pay for traditional TV services

Stewart

contrasts with surveys and headlines that say almost 10 per cent of Canadians are already cord cutters, watching

services such as Netflix. The number of Can-

> is up in the last year, not down, said from Toronto.

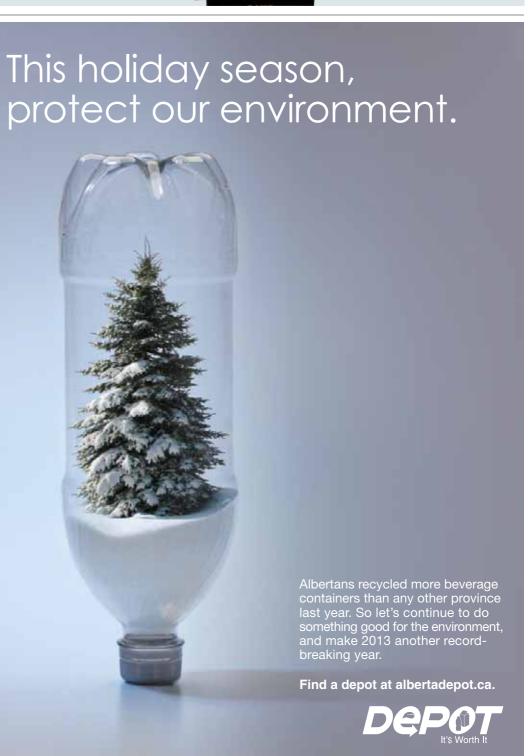
"People are spend-ing more

on their cable bills for watch-

ing TV."
If a customer switches from a cable provider to a telecom company for TV services with a monthly bill, that's not cutting the cord, but just changing your provider,

Canadians watch 28 hours of TV a week and it rises to 31 hours or 32 hours weekly, if online TV watching is included, Stewart said.

Only 20 per cent of households do not have a frequent sports watcher, he added. THE CANADIAN PRESS



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through Google

Shoppers on Canada's east coast, for instance, aren't as interested in patio furnishings as people in Vancouver until later in the season, according to Wal-

e photo, a Google executive speaks about improvement to Google Instant search engine in San Francisco, Calif. es like Walmart are tracking what shoppers plug in to their search bars so they can better tailor and geo-target rketing and merchandise promotions. JUSTIN SULLIVAN/GETTY IMAGES/FILE

Know your type:

Tracking trends

mart's director of digital mar-

son, we'll work towards pushing that specific item or brand."

Cashmore said the retail giant is surprisingly nimble at adjusting to the data mined through customers' searches, tailoring messaging and promotion.

But the "database of intentions," as Google calls it, can be used for more than just making sure the right television or cell phone is on store shelves.

Started in 2007, Google Flu Trends was created to model real-world phenomena — in this case outbreaks of influenza — using patterns in user searches.

The rise in the frequency of certain search terms in a given area matches with the rise of flu activity in that same area," said Google spokesperson Les-

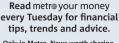
lie Church, in an email. "The queries generally in-clude search terms regarding influenza complications, cold and flu remedies and general flu symptoms. Imagine what you would do if your child were sick — you might try to look up a symptom, such as a sore throat.

There are limits to what information can be gleaned from internet queries, however. During the last Canadian election, Dr. Anatoliy Gruzd and his team at Dalhousie University's Social Media Lab attempted to use tweets and Facebook posts to assess who would win.

"We tried to match the data to the other polls, the general polls," Gruzd said in a November interview with Metro. "(But) not everybody is using social media.'



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Retail war on Target in 2013

Cheap chic. American discounter is heading north in March, forcing Canadian retailers to up their game

Canadian retailers may be reticent to publicly name that bull's-eyed American foe pushing north next year, but many are revamping, cost-cutting and re-strategizing ahead of the arrival of Target.

While it won't open shop

While it won't open shop on Canadian turf until March, eager deal-seekers have been buzzing for much of the past year about Target's low prices and chic fashion offerings. Target Canada throwing its heft into the country's competitive retail mix promises to be a catalytic moment that could be the biggest gamechanger since Walmart set up Canadian shop two decades ago. It might also plow down the doors for more foreign retailers closely watching Target's performance north of the border.

"The sky is not going to fall on all other retailers, (Target is) really going to make everybody else that much sharper, that much better," says Jim Danahy, CEO at CustomerLAB and a veteran retailer himself.

"It is going to force all retailers in Canada, regardless

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Consumers win

Target's arrival is also a huge win for consumers as it will create better choice, provoke more price competition, as well as force some outdated retailers to modernize, says veteran retailer Jim Danahy.

of who owns them, to elevate their game. They're that good — they're good at service, they're good at supply, they're good at design."

In 2013, Target will open the first of between 125 and 135 locations once owned by Canadian retailer Zellers, and is spending about \$10 million per store to upgrade and in some cases triple the existing square footage.

Most retailers are quick to say they're unfazed by the entrance of the U.S. retail giant. Still, many big retailers, including Shoppers Drug Mart, Hudson's Bay Co., Canadian Tire and Loblaw have scrambled in the past year to take steps — from job cuts and management shakeups to capital raising and renovations — to cope in an increasingly competitive landscape.

"It will cause Canadian retailers to up their game," says Lori Bieda, executive lead of customer intelligence in the Americas for SAS Analytics.

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metronews.ca Wednesday, December 26, 2012 **NEWS**

Hey, lexicography geeks! May we have a word?

Social media speeds up word development.

What new words might be added to the Oxford English Dictionary in '13?



What do derecho, obesogenic and hen all have in common? According to The Global Language Monitor (GLM), they are newly popular — or newly formed — words that may become part of the regular vernacular in 2013.

"As soon as a word is used by more than one person, it be-comes part of the English lan-guage," said Yin Liu, associate professor at the University of Saskatchewan's College of Arts and Science.

An expert in the study of the English language, Liu said getting a word to become an "official" part of the English



language isn't as clear-cut as simply adding it to a dictionary.

"Often a word has been in

use years before it shows up in the printed version of the dictionary," said Liu.

According to Liu, for a word to be considered "official" it has to be traceable. For inbe traced to traffic workers in New York in the '80s.

Social media has sped up new word development at incredible rates, says Paul JJ Payack, president of GLM. As an example, he brings up the weatherman who online described hurricane Sandy as a "Frankenstrom," which was

The following words are gaining popularity and may become part of the regular vernacular in 2013. Before casually dropping them in party conversations, find out what they mean:

- Obesogenic An environment that tends to encourage obesity. It has been gaining popularity when describing advertisements that sell sugary, high calorie snacks to kids.
- Derecho Also known as a 'land hurricane' — a sud-den storm with extremely strong one-directional
- Hen The Swedish word aimed at creating a gender-neutral pronoun to replace him or her.



then repeated over 90 million times within a week.

"We estimate about 14.7 new words are created a day,'

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metronews.ca Wednesday, December 26, 2012 metr⊕ **NEWS**

Top 5 tech trends

MICHELLE CASTILLO

Including the death of the cable box, and Grand Theft Auto

The rise of the digital media receiver

Over one million U.S. cable subscribers ended their subscriptions in 2011, and the trend is expected to continue thanks to more people picking up digital media receivers by compan-ies like Roku and Apple. With these "boxes," users can use streaming services like Hulu Plus, Netflix and Amazon Instant video to watch whatever they want, whenever they want.



Xbox 720 vs. PS 4 and Grand Theft Auto 5

The Xbox 720 and Playstation 4 — or Playstation Omni if you believe the blogs — may launch (the latter may measure your heartbeat and take cues from your emotions). Meanwhile, the biggest game of next year could be Grand Theft Auto V, rumoured to kick doors down in Q2 of 2013.

New Apple products

You can count on big Apple product launches every year, even though you've just upgraded to an iPhone 5. Apple fans are hoping the new year brings an iPhone mini and perhaps an Mac-Book Air or iPad Mini with Retina display capabilities.

All-in-one Fujitsu Lifebook 2013

While it may function as your basic laptop when put together, the Fujitsu Lifebook 2013 can be broken down to become a tablet, phone and camera as well. How does it work? The digital keyboard can be pulled out to work as a tablet, and the camera can be removed from the front of the computer when it's



Kickstarter changes business

2013 will be the year that crowd-sourced funding becomes a household name. Before, people had to rely on angel investors to launch their startup. Now, they can use their socialnetwork savvy to recruit interested parties to donate a few dollars towards their company. With more people joining, we foresee lution



Talking tech predictions for an accelerated 2013

Technology continues to evolve at a rapid pace and there are no signs it will slow down anytime soon. 2013 will usher in a new wave of products and consumer technology. Here are a few tech trends you can expect to see in the coming months

MIKE YAWNEY



Fuel Cell Chargers Recharge your gadgets over and over again without plugging them into a wall socket. Forget oversized batteries used in most portable chargers: Fuel cell

chargers use water, or in some cases lighter fluid, to charge your favourite gadgets up to 14 times. Need more juice? Simply refill the charger with fluid to

reset the charging process. This new breed of chargers is small enough to fit in a pocket and uses only small amounts of fluid, so it is airplane friendly.

Cloud-Based Gaming



Play video games without shelling out big bucks for a high-end gaming console. Cloud-based games are run on remote servers and are streamed to your home Since the servers do all the heavy lifting, you can run the games on virtually any device such as a television or tablet.

You never have to worry about outdated hardware. Microsoft and Sony are both said to be looking at the technology for their new consoles, which are expected to be announced in 2013. In fact, Sony just purchased cloud gaming company Gaikai. Coincidence?

3-D Printing

Create custom jewelry, smartphone cases and even small toys in the comfort of your own home. 3-D printing technology has been around for a few years, but the equipment and supplies

have been expensive.

All signs now point towards a massive push to the consumer market in 2013. Download a template, press print, and wait while your project comes to life right in front of your eyes. If you're feeling really creative you can use software to design your own custom

The possibilities are endless.

OLED TV

Each year television displays get thinner and thinner, but this could be the year they finally become paper-thin. Last year at the annual Consumer Electronics Show in Las Vegas, both LG and Samsung showed amazing OLED (Organic Light-Emit-

ting Diode) panels.
These stylized TVs were
beautifully designed, boasted rich colour and were a mere 4 mm thick. Despite promises they would hit

the market in 2012 it never

happened. Rumours are the sets are now ready for North American households ... at least for those who have deep pockets.

Ultra High-Definition

Think your high-definition television has a beautiful picture? Just wait until you see what's around the corner. Manufacturers such as Sony are launching 4K TV, which puts current-high definition sets to shame. Imagine four times greater resolution than your current HDTV.

I've seen these new sets and I've got to say the picture is jaw-dropping, but so is the price.

Is it too early to ask consumers to upgrade their television yet again?





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metronews.ca Wednesday, December 26, 2012 **VOICES**

WE MUST MOVE FORWARD, NOT **BACKWARD**; UPWARD, **NOT FORWARD ...**



Journalism has come a long way since the days when we all wore hats that said "Press" and drank whiskey at our desk. Now we wear hats that say "Internet" and drink Jack and Coke Zero at our desk.

We've come a long way, baby.

There have been many changes in the way we collect the news, too. There was a time when the public wanted — and the media delivered — complete, accurate information at the end of the working day, while the kids removed Dad's slippers and Mom made meatloaf.

But now Mom and Dad live apart and the kids are busy sexting, so to fill the gaping void in your life you fill the hole with news, news and more news, every minute, day and night. Even stories like the Ikea monkey get updated as quickly as

possible, because we in the media don't want to look like fools with an out-of-date story about a monkey in a coat.

We will be coming to you live from the Ikea parking lot, dammit, and if the monkey flings some feces, you will hear about it before it hits the ground. That's our solemn promise to you.

This speed has occasionally led to what some may call errors, such as when we kill off people who aren't dead yet. But the fact of the matter is those people will some day be dead. We've only been giving you a heads up. You're welcome.

With that in mind, I've noticed that some of my media colleagues have stuck to their tired old ways by writing a Year in Review. That is so 2012.

Instead, I bring you the 2013 Year in Advance. Here are the stories that will happen next year, before they've happened.

- Jan. 11: NASA scientists announce a major breakthrough when the Mars Curiosity rover finds itself. "I want to be a painter," the machine declares.
- Feb. 5: Inspired by seven-time Tour de France winner Lance Armstrong's example, Rolling Stones guitarist Keith Richards also denies drug use.
- April 9: According to a new report, the Harper government transparency.

 May 15: Avril Lavigne throws Nickelback into disarray
- when she teaches fiancé and lead singer Chad Kroeger a new chord progression. Other band members say her "crazy ideas" are threatening to "Yoko Ono" the band's singular sound.
- Sept. 30: Meteorologists change the naming system for hurricanes to better reflect reality. Hurricane I Am a Direct Result of Global Warming causes major damage to the U.S. coastline, yet fails to breach the Republican consciousness.
- Oct. 9: Will and Kate Plus 8 debuts on the Royal Life Network, as monarchists devour the latest news from Georges I through VIII.
- Nov. 4: Toronto Mayor Rob Ford's new 700-page memoir, The Broken Republic: A Treatise on Debate and Democracy, from Plato to the Paris Convention, is hailed as a
- masterwork of the genre. Dec. 15: BREAKING NEWS Ikea monkey has died, Twitter confirms. Oh, wait, he was only asleep. But sources say he will die eventually. You're welcome.

Who are we to block the sun?



Geoengineering

Scientific solution to global warming

A record loss of Arctic sea ice and faster-than-expected melting of Greenland's ice cap made worldwide headlines in 2012, but research published in major science journals suggests warming in the North doesn't have to continue from 2013 on.

Scientists theorize that injecting reflective particles of some kind into the high atmosphere could reduce the amount of sunlight reaching the Earth's surface and compensate for the greenhouse effect.

THE CANADIAN PRESS

Ethical question



They're questions about what kind of planet we want and who we are."

technical.

David Keith, a Calgarian and professor of applied physics at Harvard University. Keith said any significant nation in the world has the technological capacity to facilitate a drop in the Earth's temperature

Save it for an emergency

Cooling the Earth could be a bad idea

In a world that seems unable to come to grips with carbondioxide emissions driving climate change, manipulating the Earth's climate to cool it down has some calling geoengineering a bad idea.

The professor behind the idea, David Keith, believes emissions should be cut, and he doesn't advocate such a plan, at least not yet.

He suggested geoen-gineering may be a viable response to a "climate emergency" — a sudden collapse of ice sheets or a killing drought. THE CANADIAN PRESS

Debate heats up

- The UN has ruled out aeoenaineerina.
- Peter Mooney of the Ottawa-based Etc Group, an environmental technology watchdog, is skeptical of anyone's ability to manage geoengineering.
- "The governments who screwed up in the first place can't be expected to take something like planetary systems management and do a better job of it," he

ebooks

2013 is no time to toss the cookbook in the trash

While ebooks have been exploding in popularity in recent years, scholars, chefs and those who just love to tool around in the kitchen say it's not time to stick a fork in the physical cookbook just vet.

Trend watcher Christine Couvelier, who recently passed the 3,000 mark in

her cookbook collection, thinks the print format isn't going anywhere, though she also enjoys such innovations as the video clips used with recipes, and stories in publications like Martha Stewart Living that she reads on her iPad.

'There's something about experiencing a cookbook the way the author designed it so the right format is there," said the Victoria-based chef, who noted that some ereaders reformat cookbooks. THE CANADIAN PRESS

Paywalls

Newspapers go back to the future

Whether they're lauded as the future of online media or labelled a scourge on the flow of digital information, opinions abound on the rise of paywalls in Canada, and the conversation is only going to get louder. One frequently cited example of such success is the New York Times, but observers caution that the paper is an "elite" product.

Some Postmedia papers

— including the Montreal Gazette, the Ottawa Citizen and the Vancouver Sun have been experimenting with paywalls this year. The company plans to put the rest of its newspapers behind a paywall in early 2013.

The Globe and Mail launched its much-anticipated paywall recently, and the Toronto Star, which boasts the highest circulation in Canada, will also be watching the evolution of its audience very closely once it puts up a paywall in 2013.

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metronews.ca Wednesday, December 26, 2012 **SCENE**

From aggressive women to quiet men to androgynous rappers, the new year looks promising

PAT HEALY/EVE HYMAN/CHRIS LEO PALERMINO



Savages

One of the biggest buzzes out of this year's CMJ Music Marathon in New York City was Savages, four London women whose punctuated attack on every song is every bit as vicious and thrilling as their name implies. Gemma Thompson plays guitar like she's the runaway teenage daughter of The Edge. Yes, she learned a lot from her old man, but she's still rebelling against him with the way she draws abrasive and occasionally atonal sounds out of the instrument. It's not easy to make out the subject matter coming from singer Jehnny Beth, but it's unmistakably angry, as she flails about like every convulsion is choreographed to the beats of drummer Fay Milton, who just wails on her kit. Holding down all the chaos is bassist Ayse Hassan. The sound is post-punk (sounding like a cross between Joy Division and the aforementioned early U2 thing). They've officially released a single and a live EP, but expect an LP in the first part of 2013. PAT HEALY



Bands to listen to in 2013

Mykki Blanco

Mykki Blanco, the alter ego of Michael Quattlebaum Jr., mixes a helping of tribal beats with her radical rap. The solo artist follows in the nontraditional path of recent indie hip-hop a la Odd Future, successfully dipping into punk and electro while retaining individuality. Her profile is bound to go up in the early months of 2013 with the slow and steady reception of praise she is receiving from her November-released album, Cosmic Angel: The Illuminati Prince/ss. CHRIS LEO PALERMINO





Night Beds

Winston Yellin has the sort of voice that could quiet a huge room. It's not necessarily the Fleet Foxes/My Morning Jacket airy style of delivery that's so effective as much as you can just tell that this is somebody who is saying something that he feels deeply, and there's really nothing much more contagious than that. If his song Even If We



Try is any indication, his album, Country Sleep, which will be out on Dead Oceans in February is going to be a stunner.

EVE HYMAN

Little Green Cars

PAT HEALY

The hook for this Irish band's recent single, The John Wayne, is "it's easy to fall in love." And with LGC's simple and authoritative harmonic songs, it really is easy. They can weave their voices together as beautifully as any esteemed practitioner of the traditional music of their homeland, but they combine it with a crushing angst and the joy of rocking out. The band are expected to deliver a full-length in the early part of the year.



Deap Vally

Considering the oversaturation of bleeps and bloops lately, Joan Jett-esque grrl rock duo Deap Vally are a welcome change. Skimpy, sequined outfits, long hair and heavy rockin' are the name of the game for these L.A. women who are already signed to Island Records and have recently been opening for Muse in Europe. Throw on your jean jacket and get down with Lindsey Troy's raspy vocals.

CHRIS LEO PALERMINO



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metronews.ca Wednesday, December 26, 2012

The next soon-to-be splits?

For the rich and famous, who divorce as commonly as we take out the garbage, love is a pretty transient notion. Like two yachts passing in the night, celebrity relationships tend to be louche and fleeting. While Kim K and Kris Humphries' mere 72-day-union may be difficult to beat, here are some candidates well worth drafting in the first round of your 2013 celebrity break up pool.

MIKE DOJC. METRO WORLD NEWS





Avril Lavigne & Chad Kroeger

Prediction: Chad will go ahead and make things so complicated ... with the wedding plan-ning. His insistence on hiring a pyrotechnic coordinator, an arctic fox wrangler and an 'I do' mic check man all in a vain attempt to prevent reporters from writing "this was even blander than a Nickelback show" in their wedding reviews will backfire.

Stephen Moyer & **Anna Paquin**

Playing passionate lovers on TV while trying to keep the magic rolling when the cameras are off is a high wire act — just ask Lucy and Desi. While we don't see Moyer tiring of getting some nookie from Sookie, since Paquin

has fairy blood Blood she does), we can see her spreading her

wings and leaving her post-modern Dracula mischievous Peter Pan

Mike Fisher & Carrie Underwood

Thanks to the lockout, the Predators' gritty centre spent plenty of time lounging around the house in his hockey socks. The mere whiff of what home life may be like when Fisher hangs up his skates may be enough to get Underwood to skedaddle. Now if Fisher were to develop a wandering eye, no on-ice punishment will possibly prepare him for what awaits. Hell has no wrath like a Country singer

scorned.

Brian Austin Green & Megan Fox

Donna's boyfriend on Beverley Hills 90210 must pinch himself every morning when he wakes up and comes to the realization that he's in bed with Hollywood's most ogled actress. Green is flexing his previously underutilized comic muscles in his latest gig as the lead singer on Wedding Band, a TBS sitcom. Meanwhile Fox's cleavage steals the trailer to Judd Apatow's This is 40. Both roles may be career altering, creating the kind of festering inequity and resentment that leads to

break ups.

Swizz Beatz & Alicia Keys

Keys is Beatz' third wife and they say the third one is the charm. But the prolific producer, who has laid down beats for everybody from DMX to Whitney Houston, seems to also be a prolific player. He's the baby daddy of three other children in addition to Egypt, his son with Keys. It seems like after a





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Cupid, draw back your bow

After reading some tea leaves, shuffling a virtual deck of tarot cards and participating in a séance with an extra from a Kevin Bacon movie (that guy was just seven degrees of separation from every star on the planet), we've divined several fantasy couples the paparazzi will be all over in the new year.

MIKE DOJC

Jennifer Lawrence & Justin Bieber

Sorry Selena Gomez but Bieber is a young buck and he is going to sow his oats. After they call it quits again, he'll cavort with a few models, play the young Hollywood field and then get nostalgic for the good old days when he was half of a glamorous power couple. And the mere sight of the Biebs walking down the red carpet with the Hunger Games hottie on his arm

might just start a tweenage riot. On their first date Jen can show her new beau how to string a bow, and the Boyfriend crooner can reciprocate by styling her hair.



Leo certainly has a type: blonde tressed, luscious lipped, S.I. Swimsuit calibre model with legs that go on forever. Aussie stunner Strahovski (Chuck, Dexter) hits all those marks and she'd also make an exquisite addition to a "I canoodled with DiCaprio" calendar, fitting right in with former flames Gisele Bündchen, Bar Refaeli, Erin Heatherton, and Blake Lively





Gerard Butler & Heidi Klum

With Seal now out of the picture, there are plenty of A-list fish in the sea raring to nibble on the Project Runway host's manicured toes. But Heidi knows what she wants so choosing a man is as easy as deciding whether to wear Cavalli or Versace. While Klum's been carrying on with her bodyguard, she'd scotch her security detail with benefits to make schnitzel with this leading man

Danny DeVito & Lady Gaga

After splitting from Rhea Perlman, his wife of 30 years, DeVito (It's Always Sunny in Philadelphia) sets his sights on a less age appropriate amore. The timing couldn't be any better for the pop singer known for her unhinged fashion sense either. Gaga could really use a high

it turns into a bad romance. Maybe she can even land a part in Triplets, the long awaited sequel to 1988's Twins.

profile fling even if



Amy Poehler & Jamie Foxx

After parting ways with hubby Will Arnett this past fall, Poehler (Parks and Recreation) is looking for a new funny man to light up her world. The smooth talking Foxx, who plays the president in White House Down and a freed slave in Django Unchained, is just what the doctor ordered to get sassy Poehler back in the relationship game.



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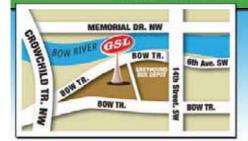
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Celluloid Soothsayers

On the eve of the 21st century's Bar Mitzvah, we dissect three films that were set in 'future' 2013. Maybe it's the pall of unluckiness associated with the number 13 in Western culture, but dystopian scenarios were the consensus.

MIKE DOJC

Escape from L.A. (1996)

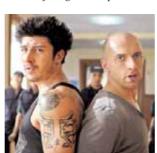
Snake Plissken, Kurt Russell as a monosyllabic scofflaw with an eye-patch and a permanent five-o'clock shadow, is charged with retrieving a doomsday device from Los Angeles, a city converted into a massive prison colony after a devastating earthquake separated it from mainland California. Prediction: John Carpenter imagines a fascist America



Inlagnes a lastist America where the constitution has been shredded. Smoking and red meat are verboten, all marriages must be approved by the department of health and wave goodbye to freedom of religion too. Reality: California's coffers have been savaged. Governor Jerry Brown came into office last year saddled with a crushing \$28 billion budget gap, the weight of which threatens to turn the residents of this financially underwater state into debt slaves paying sky-high taxes. Verdict: While the San Fernando Valley may not be surfable, it is drowning in red ink.

District 13: Ultimatum (2009)

Damien and Leito are back for another parkour-fuelled adrenaline ride. This time they're defusing a civil war that is breaking out between the five gangs living in D13, the walled-in Parisian ghetto from the first flick. Prediction: Parkour will become de rigueur on the urban street, with gangbangers turning rues into their personal jungle gyms. Reality: Free-running springlegged Frenchmen vaulting, climbing and freewheeling over everything in their path is a far less common sight



on the streets of Paris than sad-eyed mimes or young lovers locked in the country's vaunted kissing style. Verdict: Sure, parkour may not be the new skateboarding, but you do see a lot more of the kinetic art form on network television.

The Postman (1997)

Kevin Costner, always a sucker for pretentious, lengthy epics à la Waterworld, couldn't resist starring as a post-apocalyptic superstar in this 177-minute snoozer. Prediction: Resuscitating a defunct postal service is key to bringing hope back to a bedraggled society. Reality: While all-out nuclear war doesn't appear to be on our doorstep, postal services the world over are certainly hurting as mail volume drops



and the USPS is fathoming closing more offices and ending Saturday delivery service. Verdict: When it comes to forecasting the future, what we have here is a failure to deliver, but Tom Petty is good for a couple half-hearted yuks as a future version of himself





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MOVIES OF 2013



Star Trek: Into Darkness

JJ Abrams has been keeping us waiting four years for the followup to his fantastic reboot of the sci-fi juggernaut. But if it's anything like the first film, the wait will have been well worth it. And with Sherlock star Benedict Cumberbatch coming onboard in a highly-speculated-upon villain role, odds are it will impress.



The World's End

Speaking of long waits, Edgar Wright is going to finally finally! - release the last entry in his Cornetto Trilogy, after Shaun of the Dead and Hot Fuzz. The film follows pals played by Simon Pegg and Nick Frost as they relive a pub crawl that may or may not coincide with the apocalypse.

Warm Bodies



This romantic comedy – about an undead boy (Nicholas Hoult) who

falls for a potential victim (Teresa Palmer) looks to have plenty of wit, charm and life to it. It's no Twilight.

Ender's Game

Science-fiction fans have been waiting a long, long time for a film adaptation of Orson Scott Card's tale of kids training to battle aliens in the near future, but the wait is (almost) over. The cast is stacked with the likes of Harrison Ford, Sir Ben Kingsley and Viola Davis, plus high-brow

younger talent like Hailee Steinfeld (True Grit), Abigail Breslin (Little Miss Sunshine) and Asa Butterfield (Hugo) as Ender.



Kill Your Darlings

Daniel Radcliffe ventures the furthest he's gone yet from his Harry Potter roots in first-time director John Krokidas' true-life tale of the early days of the Beat Generation and the murder that nearly drove them apart. Radcliffe stars as poet Allen Ginsburg in his undergrad days at Columbia University.

Man of Steel

There's a lot riding on Zack Snyder's attempt to reboot the Superman franchise seven vears after Bryan Singer's droopy Superman Returns. If it succeeds, it will serve as the jumping-off point for the Justice League, DC Comics' attempt to steal some of that Avengers thunder from rival Marvel. But will new star Henry Cavill make an impression with audiences?

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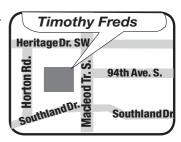
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Food trends don't come out of nowhere; they grow and evolve from years passed and embody the current thinking and influences of a culture. Like other artists, chefs get inspiration from the world around them, searching for new and tongue-tickling treasures. Fresh ideas, ingredients and techniques are highlighted in culinary competitions like Bocuse D'or in France, which serves as inspiration to restaurants first and then trickle into the mainstream. The following year, we see grocery stores and retailers introducing these same flavours and trends to give us home cooks a chance to play along. Next year will see us continue on a healthy/wholesome kick.

BY THERESA ALBERT, MYFRIENDINFOOD.COM



Year of the whole beast ...

"Nose to tail" cooking has been around for a few years as chefs strut their peasant pleasures and use up every bone and organ an animal can offer. Now, the idea has come home to roost. Look for "whole beast" parties to surge. Head on, big meals like roast suckling pig, whole duck on a spit and a whole salmon in a big backyard smoker will treat you this summer.



... and the veggies

As our global luck would have it, the opposite trend has taken hold as vegetarians, vegans and flexitarians take the reins. Veggies as a main dish won't be relegated to the sidebar. Look for kale, collards and other greens to be dressed for success with beans for the vegans and sausage or bacon for the rest to make a whole meal. It's a good thing too, because the numbers show that we still aren't eating nearly enough greens.



Delicious food trends for 2013

Off the rails taco fusions

Tacos are king but it isn't just the ground beef and chili powder variety that will make the grade anymore. Look for fusion flavours with Asian cabbage and Harrisa paste in a classic corn tortilla. The wilder the combo, the cooler it will be. Creative textures, shapes and sizes of the shells will morph too .. ice cream cone filled with pulled chicken with crème fraiche, anvone?



Seaweed so good

Darwinian beings came from the sea and now we go back to it for taste and nutrients. Seaweed is a huge "new" (yet ancient) food. No longer just wrapped around sushi or as dulse from the east coast, expect to find it in crackers, breads, as a topping and a snack. Seaweed, after all, contains more minerals than any other food on the planet. Look for sushi nori to crop up in salads and other recipes, and flavoured seaweed to come to a potato chip aisle near you.





The tiniest taste

Mini-me is key. Everything small is big. Going further than the tapas trend, this one allows one mouthful of a pleasure to be enjoyed while leaving room for healthier fuel; baby burgers will incorporate herbs and greens, mini grilled cheese, mini corn dogs and super cute cubes of cake satisfy. Perhaps we have figured out that it doesn't have to be massive to hit the spot. (Here's hoping!)

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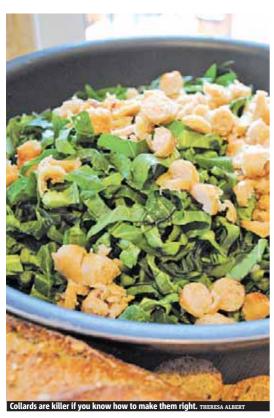
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Collard Greens with Sausage



Collard Greens are cheap and yet are one of the most popular vegetables. What a

Many, though, don't know how to cook them. In the Southern U.S. they simmer them low and slow. Brazilians sliver them into thin strips and do a quick sauté. Our method is somewhere in the middle to save you time and keep the leaves al

This flexitarian meal can be completely vegan or sausaged to the nines to suit your group. Keep toppings separate and serve as a main course with a crusty loaf of bread and some nice hummus or sharp cheese.

1. Rinse greens and chop off stems. Discard. Roll leaves width wise in stacks of 4 or 5 leaves. Slice thinly across the leaf (chiffonade) to create ribbons that are about ¼ inch thick or less. Place into a large pot with a lid containing ¼ cup of water. Bring to a boil, then turn down to simmer over medium-high heat to cook down for 15 minutes, stirring occasionally. Stir in butter, honey, salt and white pepper. Simmer further for 15 minutes.

2. Place toppings in bowls on the table and serve with warm bread.

3. Enjoy! THERESA ALBERT

Serving Size: 8, prep time: 10 minutes

- 2 bunches collard greens — about 10 cups chopped
- 1/4 cup water
- 1 tbsp butter
- 1 tbsp honey
- 1 teaspoon salt (or less
- 1 teaspoon white pepper

Toppings

2 cups cooked breakfast sausage, cooked bacon or canned white beans that have been warmed

Sushi for dummies. Add salmon, chicken or pork for extra taste



Serves 4. Prep Time: 5 min

- 2 Cups, cooked, short grain rice (or any othei leftover rice)
- 2-3 tbsp rice vinegar
- 1 tbsp soy sauce
- 1 cup sliced cucumber
- 1/2 cup carrot, grated or
- 1/2 cup diced red pepper
- 2 sheets toasted nori. ripped or cut into pieces

1. Place rice on individual plates or bowls.

Season with vinegar and soy sauce — stir with a fork (so rice doesn't clump together).

3. Top with remaining ingredients.

THERESA ALBERT

Theresa Albert is a food communications consultant and nutritionist in Toronto. She is 6 theresaalbert on twitter

Baby Spinach Burgers with Blue Cheese

Yum. Turkey beef burgers with a twist

- 1. Finely chop baby spinach and set aside. In a large bowl mix bread crumbs, egg, ketchup and Worcestershire and both ground meats.

 2. Mix baby spinach into bur-
- ger mixture.

 3. Form 12 small oval patties
- with the burger mixture and set aside on a cookie sheet. Preheat a cast iron skillet, smear with a drizzle of oil and wipe with paper towel. Cook 4 to 6 burger patties at a time over medium heat for 15 to 20 minutes, turning once or twice.
- 4. For Blue Cheese Sauce: mix

Serving size 4, prep time 15 minutes

- spinach leaves
- 3/4 cup bread crumbs. seasoned
- 1 egg
- 2 tbsp ketchup
- Worcestershire sauce
- 1 pound extra lean ground
- Few shakes
- beef or bison

sauce ingredients together in a

- 1/4 pound
- ground turkey
- 4 whole wheat dinner rolls

Blue Cheese Sauce

- 1/2 cup plain low-fat yogurt
- 2 ounces
- 1/2 tsp Dijon mustard salt and pepper

small bowl to serve as topping. **5.** Serve 2 to 3 mini burgers on whole wheat dinner rolls with

a side salad or veggies to dip as an entree or just one as an appetizer.

6. Dig in! THERESA ALBERT

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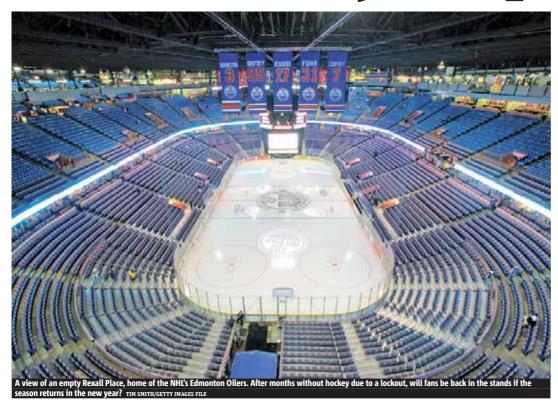






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Fed up fans to lock out NHL with boycott pledge



Just Drop It. Campaign calls for hockey supporters to drop everything related to the sport after Dec. 21



Steve Chase and his friends pledge to boycott one NHL game for every game cancelled after Dec. 21 and they're sticking by it.

The 55-year-old commer-

cial director, a Montrealer who lives in Los Angeles, started a grassroots campaign called Just Drop It that encourages fans to drop everything hockey-related — no merchandise, no TV, no game tickets.

"We don't want to destroy our game," he told Metro. "We just want them to pay attention to us.... We decided a fair thing would be to just make it one for one. If you cancel a game, we cancel a game."

Chase created a video that has been viewed a total of 100,000 times on YouTube and Vimeo, as well as a Facebook

"They will support the team at the end of the day no matter what."

Dr. Joti Samra on the psychology of sports fans

page, which already has more than 19,000 likes.

"Our goal was to be heard," said. "We're knocking on the door of that meeting saying, 'Guys, we're the people paying you. We're a little annoyed that you're disregarding and disrespecting us.'

Chase said he hopes fans will live up to the pledge's

"I hope people stick to it because we need to send a little bit of a message: 'Guys, don't do this again,'" he add-

But Dr. Joti Samra, host and psychologist on the Oprah Winfrey Network's Million Dollar Neighbourhood, said that fans may be upset

Will you tune in to hockey if the NHL returns in the new

@taboada93:

I don't think so it's so sad with how they're handling the NHL lockout. It's dragging on badly

@xonor8: NO NO NO

@dhfromkw:

Yes, good things are worth waiting for. MTS Centre is always electric. Love being

@AlanSimpson:

No. What goodwill that was built by the return of the Jets is gone. Again.

@Primlar:

I plan to avoid as many @ NHL games as are locked out, once a deal is reached. They lose this season, I'll skip

NO!!! going to stay with WHL And Sylvan Lake Admirals etc.

now about the contract negotiations, but they're not going to be able to resist the tempta-

"When it comes to sport we're pretty forgiving fans, whether our team is playing or not, whether they win or not," she said.

"It's frustrating now be-

cause for a lot of people the big part of their social activrevolve around sports, especially this time of year when the days are shorter, and people are inside more ... but fans are fans. They will support the team at the end of the day no matter what.





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Teams to watch in 2013

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Toronto **Blue Jays**

The acquisitions of pitchers Josh Johnson, Mark Buehrle and, more recently, R.A. Dickey, as well as fielders Melky Cabrera and Jose Reves have created a lot of enthusiasm. But more than 10 months separate the Jays from a playoff spot — their first since 1993.



Seattle Seahawks

The Seattle Seahawks began the 2012-13 NFL season at long-shot 60-1 odds to win the Super Bowl, according to Bodog. ca on Sept. 18. Fast forward three months ahead and the Seahawks are, with a 9-5 record, 20-1 odds to win the Super Bowl, as per the same gambling website.
The Seahawks have

gone from pretender to contender thanks mostly to reliable running back Marshawn Lynch, a staunch defence and the improved play of rookie quarterback Russell Wilson



Vancouver Whitecaps

The Vancouver Whitecaps' sophomore Major League Soccer campaign yielded a playoff berth, but the club backed into the post-season by winning twice in its final 11 games. Scoring was an issue throughout the year — the Caps put up a total of 35 goals in 34

Saskatchewan Roughriders

There are passionate Canadian Football League fans all across Canada. But few can top those who wear the green of the Saskatchewan Roughriders.
The Roughriders will host the 2013 Grey Cup. not

far removed from the heartbreak of the 2009 title game that saw them lose the Grey Cup thanks to a too-many-men call. A berth as the host team won't be easy in the West Division. The B.C. Lions will be formidable foes, as will the Calgary Stampeders.



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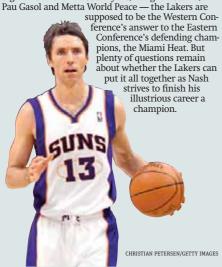
Hot Canadian athletes to watch

PHILIP CROUCHER AND MATTHEW WUEST

Metro in Halifa

Steve Nash

By the time the NBA playoffs roll around, the spotlight will be squarely on Vancouver's Steve Nash and the Los Angeles Lakers. The 38-year-old two-time most valuable player is in his 17th season and is still in search of his first NBA title. On a team loaded with big-name talent — Kobe Bryant, Dwight Howard,





Georges St-Pierre

Novalso

It will without question be the biggest fight in MMA history. Montreal's Georges St-Pierre is expected to square off against UFC middleweight champion Anderson Silva sometime in 2013 in what is being dubbed simply the "super fight." St-Pierre and Silva are considered the best pound-for-pound fighters in MMA, and the showdown should finally put to rest the question of who is the best. St-Pierre goes into 2013 on a high after winning a blood-filled five-round decision over Carlos (Natural Born Killer) Condit in

ember to unify the welterweight title. He showed he has lots left in the tank after sing 18 months due to knee surgery.

Nathan MacKinnon

The electrifying forward from Cole Harbour, N.S., has been the front-runner to be selected No. 1 overall in the NHL draft for more than a year now. MacKinnon, 17, raises fans of the Halifax Mooseheads out of their seats with his high-octane speed and ability to score goals in bunches. He hails from the same hometown as Sidney Crosby — generating



comparisons between the two despite significantly different styles of play — and is facing plenty of competition from Portland Winterhawks defenceman Seth Jones, among others. The battle could go right down to the wire on the draft stage at Prudential Center in Newark, N.J., on June 28.

Milos Raonic

With almost \$1.2 million in prize money and two tournament victories, 2012 was certainly kind to Toronto's Milos Raonic. But with success comes higher expectations and Canadian tennis fans from coast-to-coast will be looking for this 21-year-old power server to elevate his game even further in 2013. Fans will be watching closely at the four majors too, where Raonic went 8-4 this year. His best finish came at the U.S. Open where he made it to the quarter-finals before dropping a straight-sets decision to Andy Murray.

CLIVE BRUNSKILL/GETTY IMAGES FOR ATP WORLD TOUR

Graham DeLaet

Graham DeLaet isn't a household name to most Canadian golf fans but 2013 could be the year he becomes one. The Weyburn, Sask., native is coming off a solid season on the PGA Tour. DeLaet played in 23 tour events in 2012, made 17 cuts, finished in the top five twice and earned a cool \$1.05 million. His best finish was a tie for fourth in the Zurich Classic of New Orleans, and in the FedEx Cup playoffs DeLaet made it to the third round. All

SCOTT HALLERAN/GETTY IMAGES

that's really left is his first PGA tour victory, which many think could happen in 2013.





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29

55

68

92

104

62

36

50

61

Across

- 1. Syrup or leaf 6. NAFTA part 11. Niagara Falls' Maid of the
- 15. Russian city where Canada is now competing in hockey's
- 2013 World Juniors 18. Recipe instructions phrase
- 19. Mr. Quinn 20. Venetian traveller
- Mr Polo
- 21. Chitchat 22. "Baby Beluga"
- troubadour
- 23. Prisoner 24601
- 25. Ex __. 26. Honest
- Toronto 28. F.D.R as F.R. instead
- 29. "Star Trek" starship, partially
- 30. Scarth Street locale
- 32. Levy 35. Tiara twinklers
- 37. Tabula (Clean slate) 38. Newbie
- 39. Etiquette expert in Metro
- 47. Suzette's serving
- 49. "Well, now!" 50. Sea nymph
- 51. Harmony
- 52. Hairstyling
- request
- 53. Cuts wood 55. Moray catcher, say
- 57. Close-fitting
- 58. Deorbited space station 59. WWI: Harry Cole
- bourn's "Winnipeg" 62. #23-Across hide-
- 64. Natural
- 65. What an extra might have in dia-
- logue 67. Elton John song
- 69. Specialist 71. It culminates (federally) on
- April 14th, 2013 77. Network VIP
- 78. Fwoks' forest moon home
- 79. Comes forth
- 80. John A. Macdonald 82. Hockey great Mr. Mikita, and
- 84. Justin Timberlake, formerly
- 87. Mini Martians
- 88. Beverage company
- 90. Shoulder scarf
- 92. Calendrier component 93. Patsy Gallant disco hit: "From
- 95. Wee hours time

you loud and clear."

107

- 99. Movie studio 100. Quick bite
- 106. Thunderstruck

- 109. "Battle of the Blades" champ
- 111. Dancer's move

- 119. Snowy
- 124. Toy company

- 128. Keanu's 'Matrix' role

133

- 102 Marianas Trench and Hedley
- 107. Single-named supermodel
- 108. Utmost degrees
- Ms. Bonhomme's
- 114. Fruit drink
- 116. Oprah's __! moment
- 118. Tom Mulcair's letters
- 120. Scotiabank __ (Literary award)

- 129. Gnaw geologically

103

121

23

49

53

28

35

27

39

60

48

82

96

52

65

95

- - 132. Caravansary
 - 133. HGTV undertaking
 - 134. Sluggish

 - 135. Pup's protests!

Down

easy

108

- 130. Falcon-headed deity
- 131. "1234" sonastress

- 1. Feb.'s follower
- 2. Inman's beloved in "Cold Mountain" (2003)
- 3. Comp. file
- 4. Yann Martel's book-turned-

5. Barenaked Ladies' title lady, and

123

- others Mahal
- 7. Nothing: French
- 8. "Cash Cab" host
- 9. Mr. Lanois, U2 producer 10. Letter's li'l jacket
- 11. Mil. ranks
- 12. Piaue
- 13. Ancient Egypt's divine beetle
- 14. Gets in shape
- 15. Certain citrus
- 16. Gladly
- 17. "Dancing Queen" band
- 20. Real estate acronym

- 27. Minute bit
- 31. Billionaire Bill 32. Company name abbr.
- 33. 007's drink
- 34. The Arctic Grail author
- 36. 'My' in Montreal
- 37. Freshen
- 40. Backpackers' lodging
- 41. Captain in 1956's "Moby Dick"
- 42. Lancome Paris perfume 43. Ms. Mirren's
- 44. They concern signage in Quehec
- 45. Quito is its cap.
- 46. Mr. Philbin, et al.

- 54. Lunchtime order
- 56. Fitness

25

31

70

75

126

51

63

100

124

131

135

30

56

- 58. Actress Gretchen
- 60. Makes official 61. French artist, Odilon _
- (b.1840 d.1916)
- 63. Territory the Hudson's Bay Company controlled,
- Land 66. Supervillain Mr. Luthor
- 68. Vice
- 70. Basic learning, informally 72. Edgar Allan Poe poem 73. Eve (Playwright/
- activist)
- 74. Trojan hero
- 75. Whales' order
- 76. Feminine suffix
- 80. Sketch show
- 81. Hawkeye State
- 83. 'Decor' finishing 85. English setting of
- "Downton Abbey 86. Microwave
- 89. Be silent, in music
- 91. Breadwinner 94. Making the most of
- Boxina Day sales 96. Kris Jenner, to The
- Kardashians 98. Polka's partner
- 101. ms. lang's
- 103. Diamond arbiter
- 104. River Styx ferryman 105. Subway stop, shortly
- 110. Enlighten
- 111. Ms. Braxton 112. Sound, Ontario
- 113. PayPal co-founder Mr. Musk
- 114. Shoe store 115. Canadian comic Gerry
- 117. Cote d'__ (French

Riviera)

- 121. Mr. Chanev Jr.
- 122. Greek letter 123. Founded, for short
- 125. Actor Mr. Wheaton
- 126. Web connector [abbr.]

127. Davs opp.

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Metro on Jan. 2

Visit metronews. ca/answers for the solution to this Boxing Day crossword puzzle and for the latest news during the holidays. The answer to our regular crossword and sudoku will be printed in

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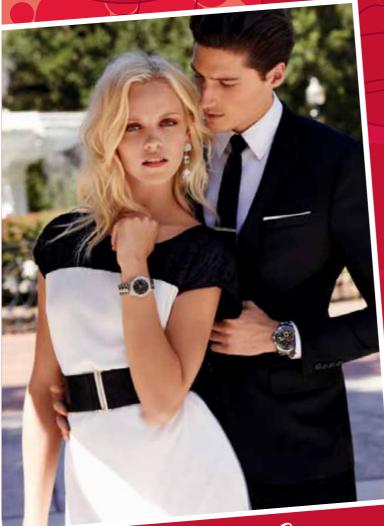






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